

# Silver Lake Mustang News

SILVER LAKE ELEMENTARY SCHOOL NEWSLETTER



JANUARY 2020

VOLUME 4, ISSUE 5

## From the Principal

Dear Silver Lake Parents & Guardians,

### Happy New Year Mustangs!

Welcome back, I hope everyone had a relaxing holiday break and had the opportunity to be re-energized with friends and families. Entering January, many of us have new year resolutions and goals for stronger routines. As integral partners in your student's success, we always look forward to working with our parents and guardians to support and monitor our student's learning. As a reminder, we will quickly provide news on hybrid changes when they are available. Settling in the new year, here are some routines to help students start the second half of the year off on a positive note.

- **Attend school regularly and on time:** The first step of doing our best is engaging with our teachers daily. Remember, we track attendance and engagement in three ways: 1. Daily login to Canvas, 2. Daily interactions with teacher (i.e. Zoom), and/or 3. Evidence of participation in an assigned task or an assignment. If your student is absent from online school activities for traditional reasons (illness that prevents participation, med. appts, etc.), please contact our attendance line at (425) 385-6905 or [sleattendance@everettsd.org](mailto:sleattendance@everettsd.org).
- **Get plenty of sleep:** Scientists have found that students who do not get enough sleep have difficulty paying attention in class and do not do as well in school. Recommended amounts of sleep range from about 8½ to 11 hours a night for elementary students.
- **Eat healthy:** Encourage your children to eat more fruits, nuts, and vegetables and drink at least 8 (8 oz.) glasses of water every day. Limit the amount of soda and snack foods your children eat.

## Daniel Natividad Principal

Silver Lake Elementary School  
12815 Bothell-Everett Hwy.,  
Everett, WA 98208  
[www.everettsd.org/silverlake](http://www.everettsd.org/silverlake)

### Jan. 12

School Board Meeting, 5:00 p.m.

### Jan. 14

Student Material Pick-Up, 3:30 – 5:00 p.m.

### Jan. 15

Martin Luther King, Jr. Day Assemblies  
10:00 -10:30 am & 11:30-12:00 pm  
(see Canvas for your grade level time)  
Student Material Pick-Up, 2:00 – 3:00 p.m.

### Jan. 18

Martin Luther King, Jr. Day, No School

### Jan. 26

School Board Meeting, 5:00 p.m.

### Jan. 28

Family Reading Night, 7:00 p.m.



### Jan. 8, 15, 22, 29

Learning Improvement Friday, 2:15 p.m.

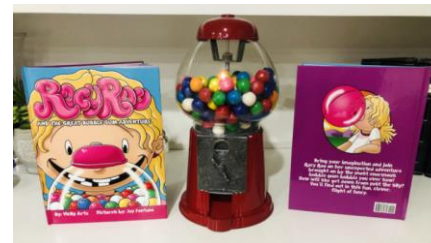
[Web Calendar](#)



- **Monitor learning:** Go through your students' Canvas pages and check for completed assignments. (As a reminder, there is a downloadable Canvas Parent app which I use often with my own children.) Praise them when you hear their great stories of learning or see a good grade on their latest assessment. They need validation for the good work they are doing. Lastly, connect with your teacher via email or **Seesaw** if you have any questions.
- **Teach Growth Mindset:** Encourage your children to take the time to carefully complete all assignments at school and home, ask questions when they do not understand a task, demonstrate perseverance (that means keep trying – even when the work is difficult), and eliminate the word “can’t” from their vocabulary. Students are encouraged to make it a goal to do their personal best at school every day and never give up.
- **Read, Read, Read:** Success in school depends on a student's ability to read and understand what they have read. Students should read a variety of books, including folktales, poetry, biographies, fiction, and more. Read to get information, read for fun, read to someone in your family...just read! As a reminder, Mrs. Sand is still hosting her weekly Library Curbside Checkout. Please be sure to have your students continue to check out books on teacher's Canvas pages or the library [website](#).

### SLE Updates:

- **iReady:** We will be doing our winter iReady Diagnostic from Jan. 11 until Feb. 5 in all grade levels for reading and math. This is a great tool to measure your students' growth and to re-adjust their lesson pathways. With this being the second diagnostic, most of your students know how to access it. As a reminder, please only help students get on to the program, but do not help in any way with the questions that they are given. Since the program is computer adaptive, any help will change the level of difficulty of the questions. Your teachers will have more information provided when they proctor this Diagnostic.
- **Thank you Silver Lake Families:** Thank you all families who purchased books through the Online Book Fair. Sales are all finalized and SLE families helped raise almost \$500 (\$497.83 to be exact) for the library to purchase new books for student use. Another Scholastic Book Fair will be coming at the end of March. We will look to the district's safety guidelines to determine whether the fair will be in person or online.
- **Family Reading Night:** Our next Family Reading Night will be on Thursday, January 28 at 7:00 p.m. We will have local author Vicky Artz read from her book, Racy Roo and the Great Bubble Gum Adventure. Participants will be entered to win one of the two autographed copies of the book!
- **Dr. Martin Luther King Jr Celebration Assembly:** We are collecting art to be displayed during the MLK assemblies on Friday, January 15, 2021. If your students have any art they want to share about Dr Martin Luther King's message about equity and equality, please turn them in during Thursday, January 14 from 3:30 - 5:00 p.m., materials distribution and Library Curbside Checkout. Student artwork will be returned with February's materials distribution, so if students want their work back, they need to put their first and last names and teacher name on the artwork.





As always, it is a privilege to work with your students. Thank you for being effective partners to ensure the success of our students at Silver Lake Elementary. Go Mustangs!

With Belief & Confidence,

**-Daniel Natividad, Principal**



## Keep up with SLE on Twitter

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## Student Material Distribution

We will be having a school supply distribution event for grades Kindergarten - 5th on Thursday, January 14th 3:30 - 5:00 and Friday, January 15th 2:00 - 3:00.

Your student's teacher will let their class know if they have items to pick up.

The supplies will be distributed at the back parking lot drive thru area. If there is a lot of traffic, you may park in our front parking lot and then walk around to the back of the school in order to pick up your items.

In an effort to improve accuracy, we ask that you bring a paper with your student's name, grade, and teacher's name on it to show to our Greeters.

We look forward to seeing our students and giving them the supplies they need. Go Mustangs!

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## Counseling Corner

Happy New Year—and boy aren't we glad to be done with 2020! Our tradition as a culture is to begin with a New Year's Resolution -- a time to make positive changes in our lives. Some of these are related to exercising, losing weight, eating healthy or spending more time with loved ones. We are always looking for ways to motivate ourselves to manage our lives in a more balanced and healthy way. I am personally hoping for a smooth start to the 2021 school year!

As a parent, I have worked very hard the last 4 months on teaching my own kids self-management by helping them organize their class times with alarms, finding a consistent and quiet place to work, and using a planner to track their



class work. While this has not always been perfect, I find that it has relieved some stress in our home and helped our kids feel more motivated to stay on top of their work load. It takes a lot of repetition and effort on my part, which can be exhausting, but is worth it in the end!



Please let me know what I can do to help your child be successful. As always, I am available by email or phone. I'm looking forward to hearing from you!

## Carrie Surowiec

*School Counselor*

*Silver Lake Elementary*

*Phone: 425-385-6910 (Office) or 971-238-9917 (Google Voice)*

*Email: [csurowiec@everettsd.org](mailto:csurowiec@everettsd.org)*

*Schedule a Meeting with Me: <https://calendly.com/csurowiec>*

## Curbside Check Out at Silver Lake

Hello families! Silver Lake started Curbside Check Out in 2020 and will continue in 2021!

Below is the process for putting books on hold & checking them out at Silver Lake Elementary.



1. Students can **place holds** through [Destiny Discover](#) on two books that are "in" as well as books that are "out". If students are not sure how to place holds on books, please see [this video](#); email Mrs. Sand if you have further questions! If a student places a hold on a book that is "in", I will pull that book off the shelf and label it for the student. *Please be careful because once you hold a book, you cannot unhold a book.* Contact Mrs. Sand if you need to take a book off of a hold.

2. You can **pick up** books

- **Tuesdays** from 5:00 PM to 6:00 PM
- **Fridays** from 2:00 PM to 3:00 PM

in the Silver Lake [back parking lot](#).

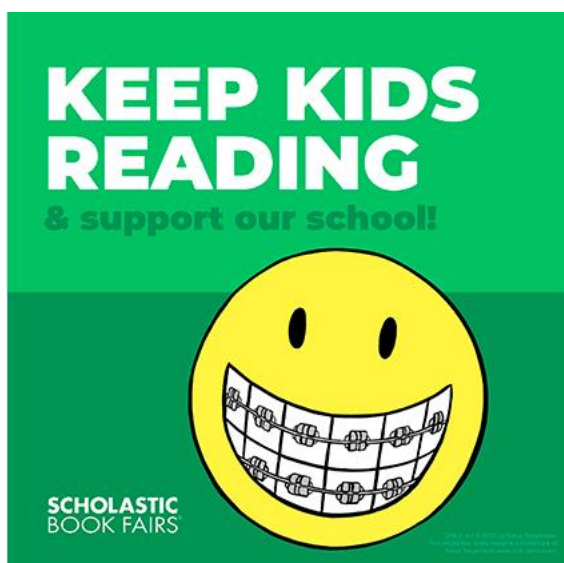
3. Every Tuesday and Friday, **I will email Holds Ready notices so you will know if the hold is ready.** *Holds placed after noon on Tuesdays and Fridays may not be ready until the next check out day.*





4. **Come** to the school's back parking lot during a pick-up time and I will have the books ready to check out for your student.

You can **return books** at these times as well.



### A note from Mrs. Sand:

I would also like to thank families who purchased books through the **Online Book Fair**. Sales are all finalized and SLE families helped raise almost \$500 (\$497.83 to be exact) for the library to purchase new books for student use.

Another Scholastic Book Fair will be coming at the end of **March**. We will look to the district's safety guidelines to determine whether the fair will be in person or online.

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## District Updates

### January is School Board Appreciation Month

The month of January marks the annual observance of School Board Recognition – a time to salute the work of school board members and celebrate public education. You can learn more about [board members online](#). You can also [watch past school board meetings](#) on the district's YouTube channel.

### Delayed start or closed schools

If weather and road conditions call for closing school buildings, all learning will be cancelled, including remote learning. Remote learning must be cancelled because students who may be learning in the building may not have their devices at home, and teachers who have been working in the building may not have the equipment or resources to teach from home.

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:00 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** [Click for more information and resources on school closures or delays.](#)



In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district's website at [www.everettsd.org](http://www.everettsd.org)
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

## Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods. Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

**3 easy ways**

Text or call

 855-637-2095

 1350@alert1.us

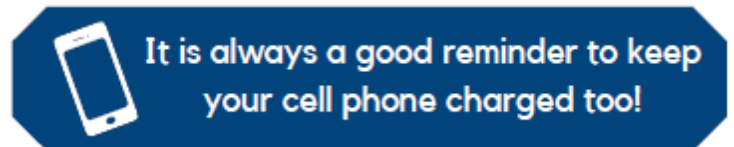
 <https://everett-wa.safeschoolsalert.com>

FOR EMERGENCIES,  
PLEASE CALL  
**911!**

## What to do if power goes out during remote learning

If you lose power or internet at home, please do the following, if possible:

- Contact your teacher or school to report the outage
- Continue to work on previously assigned learning activities
- Participate in on-demand activities if possible



It is difficult when things happen that are out of our control, and we thank you in advance for your patience and flexibility.

## Upcoming “Let’s Connect” opportunities

There are three “Let’s Connect” opportunities in January, with more information on how to register coming soon.

- January 21, Budgeting Process and Finances
- January 25 and 28, Strategic Plan



## Social & emotional health

The outbreak of COVID-19 may be stressful for people and communities. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children.



Everyone reacts differently to stressful situations. The emotional impact of an emergency on a person can depend on the person’s characteristics and experiences, the social and economic circumstances of the person and their community, and the availability of local resources. People can become more distressed if they see repeated images or hear repeated reports about the outbreak in the media.



Children react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better prepared. Please visit the district’s [social & emotional health webpage](#) for more information.



**EVERETT PUBLIC SCHOOLS®**

3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

- **Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:**
- **Title IX/Civil Rights Compliance Officer:**
- Mary O'Brien
- 425-385-4106
- [MO'brien@everettsd.org](mailto:MO'brien@everettsd.org)
- PO Box 2098
- Everett, WA 98213

<b>Section 504 Coordinator:</b>	<b>ADA Coordinator:</b>
Dave Peters	Randi Seaberg
425-385-4063	425-385-4104
<a href="mailto:DPeters@everettsd.org">DPeters@everettsd.org</a>	<a href="mailto:RSeaberg@everettsd.org">RSeaberg@everettsd.org</a>
PO Box 2098	PO Box 2098
Everett, WA 98213	Everett, WA 98213

## Enero es el mes de apreciación de la Junta Escolar

El mes de enero marca el periodo anual de Reconocimiento de la Junta Escolar- este es un tiempo para honrar el trabajo de los miembros de la junta escolar y celebrar la educación pública. Puede enterarse más acerca de [los miembros de la junta escolar en línea](#). También puede [ver las juntas pasadas de la junta escolar](#) en el canal de YouTube del distrito.

## Inicio tardío de clases o cierres escolares

Si el clima o las condiciones de los caminos están para cerrar los planteles escolares, todo el aprendizaje será cancelado, incluyendo el aprendizaje remoto. El aprendizaje remoto debe ser cancelado debido a que puede haber estudiantes aprendiendo presencialmente en los planteles que no tienen dispositivos en sus hogares, y los maestros que han estado trabajando desde los planteles puede que no cuenten con el equipo o con los recursos para impartir su enseñanza desde casa.

Si debemos cancelar la escuela o retrasar el inicio de las clases, utilizaremos nuestro sistema de comunicación para padres para comunicarnos en la mañana, típicamente alrededor de las 5:00 a.m. con un breve mensaje indicando la razón del cierre o retraso de clases.



También utilizaremos medios locales y publicaremos el mensaje en nuestro sitio web. **Si no hay ningún anuncio de las Escuelas Públicas de Everett, significa que las escuelas estarán funcionando en su horario regular de clases.** [Haga clic para más información y recursos sobre los cierres o retrasos escolares.](#)

En los casos de condiciones inclementes del clima u otro tipo de emergencias, por favor haga lo siguiente:

- Verifique si ha recibido mensajes del distrito en su email o teléfono
- Este al pendiente de escuchar anuncios por los medios de comunicación
- Visite el sitio web del distrito en [www.everettsd.org](http://www.everettsd.org)
- Vea las cuentas del distrito de [Facebook](#), [Twitter](#) o de [Instagram](#)

## Línea de informantes para reportes de seguridad

¿Usted o su estudiante están preocupados de que alguien esté siendo víctima de bullying o acoso? **¡Repórtelo!** Usted puede hablar directamente con su oficina escolar o puede llamar, mandar un texto o un email con su reporte.

Si existe una razón de preocuparse por la seguridad en las áreas designadas para caminar a la escuela, llame inmediatamente al 9-1-1 para recibir ayuda rápida y autorizada. Tenemos una fuerte relación con la seguridad pública local quien comparte con nosotros el interés de tener escuelas y vecindarios seguros. La seguridad de los estudiantes es una prioridad para todos nosotros. Trabajando juntos, podemos ayudar hacer que nuestros vecindarios y escuelas sean lugares que promuevan el aprendizaje y crecimiento seguro de los estudiantes.

**3 maneras sencillas**

Por texto o llame al

 855-637-2095

 1350@alert1.us

 <https://everett-wa.safeschoolsalert.com>

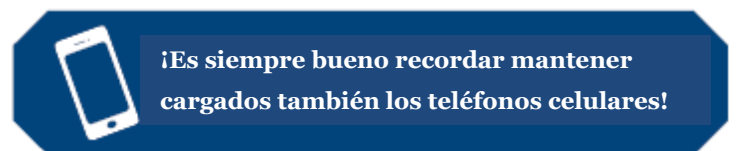
FOR EMERGENCIES,  
PLEASE CALL  
**911!**  
Para  
emergencias

## Qué hacer cuando se corta la energía durante el aprendizaje a distancia

Si pierde energía o internet en casa, por favor haga lo siguiente si es posible:

- Contacte a su maestro o escuela para reporta el corte
- Continúe trabajando en actividades de aprendizaje previamente asignadas.
- Participe en actividades por solicitud (on demand) si es posible.

Es difícil cuando suceden eventos que están fuera de nuestro control. Por eso le agradecemos de antemano por su paciencia y flexibilidad.



## Próximas oportunidades de “Let’s Connect”

Habrá en enero tres oportunidades de “Let’s Connect”. Publicaremos más información sobre cómo registrarse pronto.

- 21 de enero, Proceso de Presupuestos y Finanzas
- 25 y 28 de enero, Planeación Estratégica



## Salud Socioemocional





El brote de la pandemia del COVID-19 puede ser muy estresante para la gente y sus comunidades. El temor y la ansiedad sobre una enfermedad pueden ser abrumador y causar emociones fuertes en los adultos y los niños.

Todos reaccionamos diferente ante las situaciones de estrés. El impacto emocional de una emergencia en una persona puede depender de las características de la persona y sus experiencias, sus circunstancias sociales y económicas y su comunidad y disponibilidad de recursos locales. Las personas pueden llegar a tener más estrés si ven o escuchan repetidamente imágenes y reportes sobre la pandemia en los medios de comunicación.



Los niños reaccionan, en parte, en lo que ven de los adultos que los rodean. Cuando los padres o encargados de su cuidado están enfrentando el COVID-19 con calma y confianza, pueden proveer le mejor soporte para sus hijos. Los padres pueden ser las personas que traen más tranquilidad alrededor de ellos, especialmente en los niños, si están mejor preparados. Por favor visite [la página web de salud socioemocional](#) para más información.



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• Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

**Title IX/Civil Rights Compliance Officer:**

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